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Three solutions for:

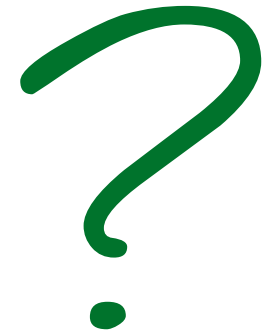
Rhinorrhea

Tearing

Nasal congestion

Itchy skin

Sneezing



a) Classic → Chónic

b) Shock → Sharo, punctual

c) Spray → Environmental

Anti-theft

Allergic processes

What is an allergy?

Allergies are processes caused by the body releasing histamine when it comes into contact with a substance that acts as an allergen. This substance can reach the body in different ways: :

- **Inhalation**, like dust mites, pollen...
- **Contact with different materials or substances.**
- **Oral or parenteral, as with certain food or medication.**

What are the symptoms?

They affect the airways and/or the skin.

- **Airways.** It causes rhinorrhoea (runny nose), blocked nose, sneezes, cough and in severe cases, asthma. Generally accompanied by watering eyes. The airways are affected mainly when the allergen is inhaled.
- **Skin.** It becomes reddened, inflamed, itchy...

These symptoms are typical of allergies through contact. In very severe cases both types of symptoms can be combined, and can even cause *anaphylactic shock*.

Alerbalance SHOCK

Ingredients for 2 capsules (daily dose)

Standardized nebulized extracts of:

- | | |
|-------------------|---------------------------|
| • Acacia of Japan | 510 mg (485 mg quercetin) |
| • Golden sun | 180 mg |
| • Agrimonia | 180 mg |
| • Fumaria | 120 mg |
| • Pine buds | 90 mg |
| • Desmodium | 90 mg |
| • Iceland moss | 60 mg |
| • Horsetail | 45 mg |

- | | |
|-----------|------------------|
| Manganese | 2 mg (100% NRV) |
| Copper | 1 mg (100% NRV) |
| Selenium | 55 µg (100% NRV) |

Alerbalance CLASSIC

Ingredients per 30 ml syrup (daily dose)

Black currant juice

Standardized nebulized extracts of:

- | | |
|----------------|--------|
| • Golden sun | 180 mg |
| • Agrimonia | 180 mg |
| • Fumaria | 120 mg |
| • Pine buds | 90 mg |
| • Desmodium | 90 mg |
| • Iceland moss | 60 mg |
| • Horsetail | 45 mg |

- | | |
|-----------|-------------------|
| Manganese | 2 mg (100% NRV) |
| Copper | 1 mg (100% NRV) |
| Selenium | 55 µg (100% NRV) |
| Vitamin C | 80 mg (100% NRV) |
| Vitamin E | 12 mg (100% NRV) |
| Vitamin A | 800 µg (100% NRV) |

How to use:

- Capsules: take 1-2 capsules a day
- Syrup: take 10 ml 3 times a day

Presentation: 30 capsules or 250 ml syrup

Strategies to improve the condition of the allergy sufferer

IT IS IMPORTANT:

- 1 To relieve the symptoms.**
- 2 To limit the release of histamine.**

It is important to improve the physical condition of the allergy sufferer, so they can carry on with their life as normally as possible.

There are a lot of substances that act as allergens, causing the release of histamine, the substance responsible for the typical allergy symptoms.

The most common allergies appear, unquestionably, in spring, caused by the high concentration of pollen in the air. This concentration is at its highest on a sunny day following one or several rainy days. These allergies generally cause symptoms affecting the airways.

If we can alleviate these symptoms while the antihistamine takes effect, the physical condition of the allergy sufferer will improve a lot.

The vegetable kingdom offers plants which, when combined, can help to make life a bit easier for allergy sufferers. However, these plants are not substitutes for treatment with bronchodilators, corticoids, or other medication used in severe cases of asthma.

Phytotherapy and allergies

ANTI-INFLAMMATORY EFFECT (airways)

- GOLDEN SUN
- AGRIMONIA
- FUMARIA
- BLACKCURRANT

COUGH SUPPRESSANT EFFECT

- DESMODIUM

EXPECTORANT EFFECT

- PINE

IMMUNE SYSTEM STRENGTHENING EFFECT

- PINE
- HORSETAIL
- ICELAND MOSS

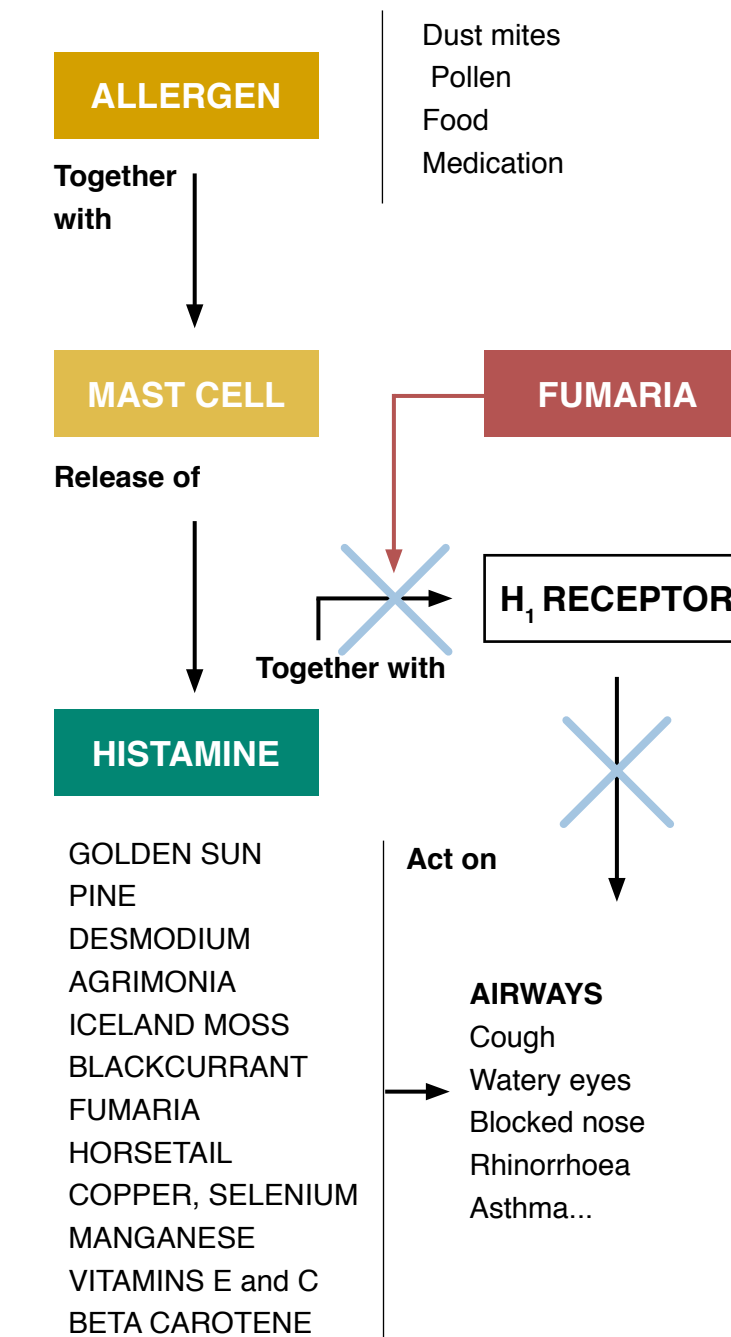
MUCOSA PROTECTIVE EFFECT

- BLACKCURRANT
- VITAMIN C
- VITAMIN E
- SELENIUM, COPPER, MANGANESE
- BETA CAROTENE

ANTIHISTAMINE EFFECT

- FUMARIA

How plants work on allergies



PLANTS RECOMMENDED FOR ALLERGIES BECAUSE OF THEIR ANTIHISTAMINE, ANTI-INFLAMMATORY, COUGH SUPPRESSANT, DECONGESTANT AND EXPECTORANT EFFECT

Golden sun, pine, desmodium, agrimonia, Iceland moss, horsetail, fumaria and blackcurrant.

They are used together with nutritional elements with a mainly antioxidant effect such as vitamins C, E, beta carotene, selenium, manganese and copper.

The capsules contain QUERCITIN, a flavonoid with anti-inflammatory effect for the most acute cases and more effective when the allergic process affects the mucous membranes and the skin.

Alerbalance spray ANTI-THEFT

Ingredients: Water, (Nanovid®) glycerin extracts of grapefruit, lemon, orange and grape, mandarin and mint essential oils.

Presentation: spray 50 ml

Tips for use:

- Use surfaces: mattress, duvet, pillow, sofa, curtains...
- Press to the air several times on the surface to apply.
- The application can be repeated once per month as maintenance

