
Our results showed that the Aloe vera gel extract significantly increased plasma TAC, and reduced the number of Lactobacillus spp. without clinical side effects.


Our results showed that carvacrol, present in oregano, thyme and mint, acts, either on its own or together with erythromycin, against erythromycin-resistant Streptococci and could potentially be used as treatment.


The antimicrobial capacity of walnut was confirmed against gram-positive bacteria (Bacillus cereus, Bacillus subtilis, Staphylococcus aureus) and gram-negative bacteria (Pseudomonas aeruginosa, Escherichia coli, Klebsiella pneumoniae) and fungi (Candida albicans, Cryptococcus neoformans), displaying effects against the different microorganisms tested.


Propolis showed effects against the influenza virus and improved the symptoms of influenza infection in mice. Propolis could be a possible candidate for a dietary supplement against flu for humans.


Colds, allergies, coughs and some cases involving exposure to conditions that could irritate the throat (dry atmospheres, exposure to smoking, changes in temperature, pollution), all mean that we need a quick and effective remedy to alleviate the discomfort.

is a topical use spray that is useful for problems of the respiratory apparatus thanks to its bactericide and antiviral effects. It provides natural relief for throat conditions.

Properties:

- Bactericide, fungicide, virucide.
- Anaesthetic, soothing.
- Anti-inflammatory.
- Regenerating, healing

Indications:

- Used to treat irritating conditions associated with pharynx pain. Mouth ulcers.
- Alleviates the discomfort of an irritated, sore throat that hurts when swallowing.
- Prevents contact with irritating external agents.
- Helps to reduce inflammation in cases of pharyngitis, tracheitis and tonsillitis.
- Helps to look after the throat. Useful for people who work using their voice a lot.

**Ingredients per recommended daily dose (6 sprays):**

- **Aloe vera juice (Aloe vera L.)** 63 mg
- **Honey** 42 mg
- **Liquid extracts of:**
  - Propolis 39.9 mg
  - Thyme (Thymus vulgaris L.) 4.62 mg
  - Tolu balsam (Myroxylon balsamum L.) 4.62 mg
  - Butcher’s broom (Ruscus aculeatus L.) 4.62 mg
- **Essential oils of:**
  - Oregano (Origanum vulgare L.) 0.252 mg
  - Mint (Mentha x piperita L.) 0.252 mg
  - Lemon (Citrus limonum (L.) Burm. fil.) 0.252 mg

**Presentation:**

20 ml bottle with nebuliser spray.

**Directions for use:**

Aim the spray into the mouth and press once or twice as necessary.